



Education VOLunteering Vocational training Employment

November 1st 2018 **Thursday**
10am – Brain Gym – exercise your brain whilst having fun!
11am – Change Grow Live (CGL) peer mentors



November 2nd 2018 **Friday**
10am – ‘Digital Skills’ 1-1 with Will Vaughan, from George Williams Centre. Get support with Universal Credit, setting up an email account and online forms.


November 5th 2018 **Monday *DROP-IN at George Williams Centre 2.30- 4.30pm***
2.30pm – Get support to search and apply for courses, volunteering opportunities and jobs

November 6th 2018 **Tuesday**
10am – Art table – Poppy Making
11am – ‘Step by Step’ Numeracy and Literacy



November 7th 2018 **Wednesday**
10am 12pm - Brighton Jobcentre Job Fair – if you would like to attend with a coach, meet at EVOLVE at 10am


November 8th 2018 **Thursday**
10am – Workshop – Man like Malcolm: Rap and Music
11am – Healthwalk tour of the Snail trail –meet a coach at EVOLVE at 10.30am
11am – Change Grow Live (CGL) peer mentors



November 9th 2018 **Friday**
10am – ‘Your money’ workshop - with Will and Manda from George Williams Centre. Get advice and tips on saving money, and making a budget!

November 12th 2018 **Monday *DROP-IN at George Williams Centre 2.30- 4.30pm***
2.30pm – Get support to search and apply for courses, volunteering opportunities and jobs

November 13th 2018 **Tuesday**
10am – ‘Digital Skills’ 1-1 with Will Vaughan, from George Williams Centre. Get support with Universal Credit, setting up an email account and online forms.
11am – ‘Step by Step’ Numeracy and Literacy




If you get support from homeless services in Brighton & Hove, **EVOLVE** can help you achieve your **Education, Volunteering, Vocational training** and **Employment** ambitions.

“YOU HAVE THE ABILITY TO CHANGE YOUR CIRCUMSTANCES AND ACHIEVE YOUR ASPIRATIONS”

The **EVOLVE** drop-in is a welcoming hub that can link you with other local services and provides regular facilitated workshops, events and sign-posting sessions, as well as a good cup of coffee!

EVOLVE coaches are available for one to one’s between 10am – 12pm during the drop-in sessions.

Education VOLunteering Vocational training Employment

November 15th 2018 Thursday
10am – Workshop – Man like Malcolm: Rap and Music
11am – Change Grow Live (CGL) peer mentors



November 16th 2018 Friday
10am – NEWFOOD FRIDAY!!! – Cooking with 'Russ the Chef' of Tisbury's Kitchen.** To book your place call: 01273 675678

November 19th 2018 Monday *DROP-IN at George Williams Centre 2.30- 4.30pm*
2.30pm – Get support to search and apply for courses, volunteering opportunities and jobs

November 20th 2018 Tuesday
10am - Get creative at the 'Art Table'
11am – 'Step by Step' Numeracy and Literacy



November 22nd 2018 Thursday
10am – Workshop – Man like Malcolm: Rap and Music
11am – Change Grow Live (CGL) peer mentors



November 23rd 2018 Friday
10am – NEWFOOD FRIDAY!!! – Cooking with 'Russ the Chef' of Tisbury's Kitchen.** To book your place call: 01273 675678

November 26th 2018 Monday *DROP-IN at George Williams Centre 2.30- 4.30pm*
2.30pm – Get support to search and apply for courses, volunteering opportunities and jobs

November 27th 2018 Tuesday
10am - Get creative at the 'Art Table'
11am – 'Step by Step' Numeracy and Literacy
1-1's available



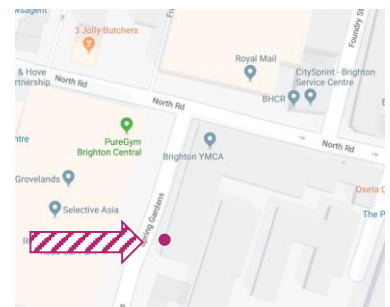
small steps =

BIG CHANGE

Are you ready to take the next step? Come and find us!

You can come to the **EVOLVE** drop-in, based in the city centre, on **TUESDAYS, THURSDAYS and FRIDAYS** at 9.30am – 12pm:

EVOLVE, 40 North Road, Brighton, BN1 1YG



(Please use the entrance off of Spring Gardens)



On **MONDAYS EVOLVE** will run a drop-in session at Brighton YMCA's George Williams Centre in Portslade, at 2.30 – 4.30pm – you are welcome to come along!



YMCA
BRIGHTON

NOVEMBER 2018 **EVOLVE** Drop-in Events

Education **VOL**unteering **V**ocational training **E**mployment

November
29th
2018

Thursday

10am – Workshop – Man like Malcolm: Rap and Music
11am – Change Grow Live (CGL) peer mentors
1-1's available



November
30th
2018

Friday

10am – NEWFOOD FRIDAY!!! – Cooking with 'Russ the Chef' of Tisbury's Kitchen. To book your place call: 01273 675678**

Contact details:

Email:

evolve@brightonymca.co.uk

or telephone Georgia
Leigh, Service Manager,
on: 01273 675678

Visit the Brighton YMCA website:

www.brightonymca.co.uk/services/training-and-education/evolve/